



BAFC Return to Contact Training-Guidance for Parents/Carers

COVID-19 is a highly infectious and dangerous disease. A resumption of contact play is only achievable if all those involved create and maintain a controlled environment that minimises the threat of infection. Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced. It is important that everybody who participates in the club including, coaches, players, volunteers, parents/carers, and spectators all follow the various issued COVID-19 guidance.

Prior to training:

- all players must have completed the online signing on form for 2020/21
- **you must provide written consent** for your child to return to contact training
- you may already be aware that the period of isolation may have resulted in your child becoming anxious or unsure whether to resume previous activities, such as football. Please only support their return to football activity when they feel confident to do so and you feel the activity is safe and right for them.
- please carry out the BAFC COVID-19 Self-Assessment Checklist (prior to each session)
- players to wash hands thoroughly before leaving home for training
- players to bring their own water bottle (filled)
- remind your child about social distancing and that there must not be any physical contact with others whilst on the bench
- please do not arrive more than 5 minutes before the session is due to start and discourage the children having a kick about or bringing their own ball
- please ensure your child has understood the FA Code of Behaviour.

Travel to training and matches:

All participants and other attendees should follow best practice for travel, including minimising use of public transport. Participants should walk or cycle if possible. People from a household or support bubble can travel together in a vehicle. If participants do have to travel with people outside their household or **support bubble** they should try to:

- Share the transport with the same people each time;
- Keep to small groups of people at any one time;
- Open windows for ventilation;
- Face away from each other;
- Clean the car between journeys using standard cleaning products – including door handles and other areas that people may touch;
- Ask the driver and all passengers to wear a face covering;
- Consider seating arrangements to maximise distance between people in the vehicle – this may mean using more than one coach or minibus if possible, and the wearing of face coverings on coaches or minibuses;
- Require regular hand sanitisation by passengers on a coach or minibus;
- Limit the time spent at garages, petrol stations and motorway services;
- Keep distance from other people and if possible, pay by contactless;
- Wash hands for at least 20 seconds or sanitise hands often, and always when exiting or re-entering the vehicle;

- When finishing the journey participants should wash their hands for at least 20 seconds or sanitise their hands as soon as possible.
- Players should arrive changed and shower at home.

During training:

- all players and spectators must give their name and contact number / email to the COVID-rep for the team. These details will be submitted to the Club COVID officer and held securely for up to three weeks after which time they will be destroyed. If someone in team / attending spectator tests positive for COVID-19 your details will be given to the NHS track and trace system
- players must stay at least 2m from all others when not on the pitch
- players to leave their belongings, including water bottles, in/on their allocated space
- players must only drink from their own water bottles
- players must not touch other players belongings
- players must use hand sanitiser before the session starts and at the end of the session
- players must show respect for coaches and other teammates at all times
- players to sit in the 'safe space' if upset, unwell or injured
- players must not spit
- toilets and changing facilities will not be available
- parents are encouraged to remain at the session to attend to their child if upset, unwell or injured
- parents must not stand in groups of more than 6, spread out in line with wider Government guidance

After training:

- players to use hand sanitiser at the end of a session and are encouraged to wash their hands thoroughly on return home
- players to collect all belongings, including water bottles before leaving the session
- parents should report to the coach who must immediately report this to the team's COVID-19 rep and the club's COVID-19 Officer if the player, or a member of their household, develops symptoms of COVID-19 within 14 days of the training session
- older players, who make their own way to / from a training session, should return straight home after the session. BAFC, and the training coach, are not responsible for the players once they leave the session
- if a coach feels that a player's behaviour has not been acceptable, and/or has compromised social distancing rules, then they will not be invited back to training sessions; BAFC will support the coach in their decision
- parents should no longer help clear away (or set-up) kit and equipment

Guidance will be updated as further information is provided by the Government and The FA.

If you have any questions or queries, please email info@brackleyathletic.co.uk