



## BAFC Covid-19 Self-Assessment Checklist

COVID-19 is a highly infectious and dangerous disease. A resumption of contact play is only achievable if those involved create and maintain a controlled environment that minimises the threat of infection. Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced.

Prior to any person participating in football, sporting or social activities at Brackley Athletic Football Club, we are, in accordance with guidance from the Government and the respective Sporting Bodies, asking people to carry out a COVID-19 Self-Assessment prior to attending any activities with the Club.

Before you leave home on any day to attend any of the Club activities, please ask yourself the following questions:

### Do you have any of the following:

- Are you currently known to be suffering from COVID-19?
- A new persistent cough?
- A high temperature?
- A loss of, or change in, your normal sense of taste and smell?
- Do you live with anyone who is displaying any of these symptoms?
- Do you live with anyone who is confirmed to have Covid-19?
- Are you in a high-risk group (as defined by the Government / NHS England / Public Health England)?
- Have you been asked by NHS Track and Trace to isolate?

If the answer to any of the above is 'yes', please do not attend any Club activities.

### Following any activity with the Club:

- If you develop symptoms following, you must continue to follow the rules to self-isolate with other members of your household and order a test to find out if you have coronavirus.
- If you test positive for coronavirus, you must share information promptly about your recent contacts through the NHS test and trace service to help alert other people who may need to self-isolate.
- If you have had close recent contact with someone who has coronavirus, you must self-isolate if the NHS test and trace service advises you to do so.
- Please let one of our COVID-19 Officers ([info@brackleyathletic.co.uk](mailto:info@brackleyathletic.co.uk)) know so that the matter can be dealt with according to the current Government guidelines.